# DISTANCE EDUCATION

### M.Sc. DEGREE EXAMINATION, DECEMBER 2022.

#### First Semester

# Psychology

# THEORETICAL PERSPECTIVES IN PSYCHOLOGY

#### (CBCS 2018 – 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A —  $(10 \times 2 = 20 \text{ marks})$ 

Answer ALL questions.

- 1. What is psycho analysis?
- 2. Mention the uses of defense mechanism.
- 3. List out the characteristics of Real-self.
- 4. What are the causes of cognitive dissonance?
- 5. Mention the uses of intrinsic reinforcement.
- 6. What is meant by achievement motivation?
- 7. Mention the characteristics of attention?
- 8. What is halo effect?
- 9. Suggest some strategies to improve memory.
- 10. Define the term "Psycholinguistics"

Answer the following questions, choosing either (a) or (b).

11. (a) Describe the psychic structure of personality formulated by freud.

Or

- (b) Elucidate the importance of Carl Roger's self theory in personality development.
- 12. (a) Analyze the impact of Mcclelland motivation theory for achievement in classroom learning.

Or

- (b) Suggest certain measures to reduce cognitive dissonance.
- 13. (a) Explain the role of reinforcement in observational learning.

Or

- (b) Describe the basic principles of social learning.
- 14. (a) Explain the different levels of concept formation.

Or

- (b) Analyse the role of Gestalt theory in perceptual process.
- 15. (a) Explain any two theories of attention.

Or

(b) Write a note on Social constructivism.

 $\mathbf{2}$ 

PART C —  $(3 \times 10 = 30 \text{ marks})$ 

Answer any THREE questions.

- 16. Explain Kelly's personal construct theory of personality development.
- 17. Describe the salient features of Bandura's Social learning theory in the modern context.
- 18. Analyse the contribution of Advaita and Buddhist in the formation of personality.
- 19. Explain the role of Gestalt theory in studying perceptual organization.
- 20. List out different types of memory with suitable examples.

# DISTANCE EDUCATION

## M.Sc. (Psychology) DEGREE EXAMINATION, DECEMBER 2022.

First Semester

### LIFE SPAN PSYCHOLOGY

(CBCS 2018 - 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A —  $(10 \times 2 = 20 \text{ marks})$ 

Answer ALL questions.

- 1. What is meant by developmental task?
- 2. Mention the characteristic features of Erikson's Trust versus Mistrust stage of development.
- 3. What are reflexes?
- 4. Define the term 'Juvenile Delinquency'.
- 5. What is middle age crises?
- 6. What are the causes of empty nest syndrome?
- 7. Mention the nature of long term memory.
- 8. List out the psychological causes of anorexia.
- 9. What is altruistic behaviour?
- 10. Define the term temperament.

Answer ALL questions, choosing either (a) or (b).

11. (a) Describe the psycho-social development during infancy period.

Or

- (b) Explain the principles of development.
- 12. (a) How do adolescents acknowledge sexuality?

Or

- (b) What is ADHD? Suggest some remedial measures to overcome ADHD among children.
- 13. (a) Elucidate the various psychological changes during middle adulthood period.

Or

- (b) Explain Kohlberg's theory of moral development.
- 14. (a) Explain the different temperament traits of childhood.

Or

- (b) Examine the challenges faced by individuals on entry to adulthood.
- 15. (a) Analyse the role of psychoanalytic theory in personality development.

Or

(b) Explain the triangular theory of love.

 $\mathbf{2}$ 

PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

- 16. Elaborate Erikson's psychosocial stages of development.
- 17. Describe the stages of intellectual development.
- 18. Enumerate the causes of behaviour disorder in adolescent period.
- 19. Explain the process of motor skill development in adulthood period.
- 20. Suggest some remedial measures to overcome adjustment problems in old age.

3

# DISTANCE EDUCATION

## M.Sc. (Psychology) DEGREE EXAMINATION, DECEMBER 2022.

#### First Semester

## SOCIAL PSYCHOLOGY

(CBCS 2018 - 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A —  $(10 \times 2 = 20 \text{ marks})$ 

Answer ALL questions in about 50 words each.

- 1. Write the nature of social psychology.
- 2. Give the relationship between society and culture.
- 3. State and levels of social behaviour.
- 4. What do you mean by self-concept?
- 5. Give a note on 'Impression Management'.
- 6. List out the ways to manage dissonance.
- 7. How to control the Aggression?
- 8. Define : Social Cognition.
- 9. Mention the intervention techniques.
- 10. Give the sources of error.

Answer ALL questions in about 250 words each, choosing either (a) or (b).

11. (a) Write the relationship between sociology and anthropology.

Or

- (b) Explain the correlation and experimental methods.
- 12. (a) Briefly discuss the approaches towards understanding social behaviour.

 $\mathbf{Or}$ 

- (b) Describe the non-verbal communication.
- 13. (a) Give a note on 'Cognitive Dissonance'.

 $\mathbf{Or}$ 

- (b) Describe the sources of prejudice.
- 14. (a) Discuss the strategies for attitude change.

Or

- (b) Explain the nature of groups.
- 15. (a) Write the individual level processes.

Or

(b) Give a detailed note on 'Group Dynamics'.

 $\mathbf{2}$ 

# PART C — $(3 \times 10 = 30 \text{ marks})$

Answer any THREE questions in about 500 words each.

- 16. Discuss the social psychology in the new millennium.
- 17. Write the relationship between attitude and behaviour.
- 18. What are the motives for prosocial behaviour? Explain.
- 19. Describe the consequences of belonging.
- 20. Discuss in detail about group decision making.

3

# DISTANCE EDUCATION

## M.Sc. (Psychology) DEGREE EXAMINATION, DECEMBER 2022.

Second Semester

### THEORIES OF PERSONALITY

(CBCS 2018 - 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A —  $(10 \times 2 = 20 \text{ marks})$ 

Answer ALL questions.

- 1. Define : Personality.
- 2. What do you mean by Personality Psychology?
- 3. Give a note on 'Super ego'.
- 4. Write the sources of Human Striving?
- 5. What are the basic psychological needs?
- 6. What is personality traits?
- 7. List out the basic factors of personality.
- 8. Give a note on 'Neuroticism'.
- 9. What is self-efficacy?
- 10. Define : Ego Psychology.

Answer ALL questions, choosing either (a) or (b).

11. (a) Describe the process of Personality.

Or

- (b) Discuss the current research focusing on personality psychology.
- 12. (a) Write the structure of personality.

Or

- (b) Give a detailed note on 'Inferiority feelings'.
- 13. (a) Discuss about personality development in childhood.

Or

- (b) List out the characteristics of fully functioning persons.
- 14. (a) Explain the functional autonomy of motives.

Or

- (b) Describe the Healthy Adult Personality.
- 15. (a) Elaborate the basis of observational learning.

Or

(b) Describe the classical psycho analysis.

PART C —  $(3 \times 10 = 30 \text{ marks})$ 

Answer any THREE questions.

16. Discuss about the factors that contribute to personality change and personality stability.

 $\mathbf{2}$ 

- 17. Explain the Sigmund Freud's classic Psycho analytic theory.
- 18. Describe the Maslow's Hierarchy of needs.
- 19. Briefly discuss the stages of Personality Development.
- 20. Give the difference between classical conditioning and Operant conditioning.

3

# DISTANCE EDUCATION

#### M.Sc. DEGREE EXAMINATION, DECEMBER 2022.

# Second Semester

# Psychology

## **RESEARCH METHODOLOGY**

#### (CBCS 2018 - 19 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A —  $(10 \times 2 = 20 \text{ marks})$ 

Answer ALL questions.

- 1. Define : Research.
- 2. What is hypothesis?
- 3. What do you mean by Biased sample?
- 4. List out the effective interview techniques.
- 5. Give a note on "Scaling technique".
- 6. What do you know about methodology?
- 7. What is criticism?
- 8. What is tools in research?
- 9. Give the difference between skewness and kurtosis.
- 10. Write the meaning of correlation.

Answer ALL questions, choosing either (a) or (b).

11. (a) Elaborate the significance of research in social sciences.

Or

- (b) Discuss about the factors affecting research design.
- 12. (a) Write the essentials of good sampling.

#### Or

- (b) Describe the modes of data collection.
- 13. (a) Give the guidelines for making valid interpretation.

Or

- (b) Write the significance of research.
- 14. (a) List out the criteria of a good problem.

Or

- (b) Describe the different types of graphs.
- 15. (a) Give a note on "Normal probability curve".

Or

(b) Describe the types of variables.

PART C —  $(3 \times 10 = 30 \text{ marks})$ 

Answer any THREE out of five questions.

- 16. Describe in detail about types of research.
- 17. Discuss the identification, selection and formulation of research problem.

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- 18. Elaborate the sources of data.
- 19. Briefly explain the foundations of research.
- 20. Write about the experimental research.

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# DISTANCE EDUCATION

## M.Sc. (Psychology) DEGREE EXAMINATION, DECEMBER 2022.

Second Semester

### EDUCATIONAL PSYCHOLOGY

(CBCS 2018 - 19 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A —  $(10 \times 2 = 20 \text{ marks})$ 

Answer ALL the questions.

- 1. Define : Psychology.
- 2. What is Cognition?
- 3. What do you mean by thinking?
- 4. Give a note on 'Learning'.
- 5. Define : Intelligence.
- 6. How will you identify the gifted children?
- 7. What is Cognitive Psychology?
- 8. List out the elements of Co-operative learning.
- 9. Write about contingency management.
- 10. What is life skills?

Answer ALL questions, choosing either (a) or (b).

11. (a) Describe the branches of Psychology.

Or

- (b) Explain the Watsan's Experiments.
- 12. (a) Write the application of social learning theory.

Or

- (b) Discuss the components of critical thinking.
- 13. (a) How will you motivate the students to learn?

 $\mathbf{Or}$ 

- (b) Elaborate the experimental research in educational psychology.
- 14. (a) Discuss the behaviourist views of learning.

Or

- (b) Write the meaning and nature of discipline.
- 15. (a) Give a brief note on learner differences.

Or

(b) List out the role of a counsellor.

PART C —  $(3 \times 10 = 30 \text{ marks})$ 

Answer any THREE questions.

- 16. Write the differences between classical conditioning and operant conditioning.
- 17. Discuss the Piaget's theory of learning.

 $\mathbf{2}$ 

- 18. Describe the different views of learning.
- 19. How can you create effective learning environment? Explain.
- 20. Discuss the uses of behaviour modification in school setting.

3

# DISTANCE EDUCATION

### M.Sc. (Psychology) DEGREE EXAMINATION, DECEMBER 2022.

Second Semester

#### **REHABILITATION PSYCHOLOGY**

(CBCS 2018 - 19 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A —  $(10 \times 2 = 20 \text{ marks})$ 

Answer ALL the questions.

- 1. Write the scope of rehabilitation psychology.
- 2. What do you mean by client centred therapy?
- 3. List out the psychological problems of person with disabilities.
- 4. Define vocational rehabilitation.
- 5. Write a short note on autism.
- 6. Write the lifespan development of people with disabilities.
- 7. Define special education.
- 8. List out the strategies for intervention.
- 9. Write a short note on social perspectives in rehabilitation.
- 10. What are the factors are influencing personality development of disabled individuals?

Answer ALL the questions, choosing either (a) or (b).

11. (a) Explain the background characteristics of organisation capacity building of NGOs.

Or

- (b) Discuss the role of psychologist in disability rehabilitation.
- 12. (a) Describe the cognitive behaviour therapy.

 $\mathbf{Or}$ 

- (b) Explain the historical perspectives in rehabilitation psychology.
- 13. (a) Write a brief note on professional competencies of rehabilitation psychologist.

Or

- (b) Discuss the disaster rehabilitation process.
- 14. (a) Explain the biological approach to rehabilitation.

Or

- (b) Describe the implementation of training programs.
- 15. (a) Discuss the mental illness learning disabilities.

#### Or

(b) Write a brief note on screening and early identification of people with developmental disabilities.

 $\mathbf{2}$ 

PART C —  $(3 \times 10 = 30 \text{ marks})$ 

Answer any THREE questions.

- 16. Describe the methods and functions of rehabilitation psychology.
- 17. Explain community based rehabilitation process.
- 18. Discuss the role of educational technology for disabled.
- 19. Describe the psychoanalytic therapy.
- 20. Explain the strategies of planning intervention.

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# DISTANCE EDUCATION

## M.Sc. (Psychology) DEGREE EXAMINATION, DECEMBER 2022.

#### Third Semester

## COGNITIVE NEURO PSYCHOLOGY

### (CBCS 2018-19 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A —  $(10 \times 2 = 20 \text{ marks})$ 

## Answer ALL questions.

- 1. Define cognitive neuro psychology.
- 2. What is schema?
- 3. Write short note on nervous system.
- 4. Define : ERP.
- 5. Write short note on face recognition.
- 6. What is memory?
- 7. What is artificial intelligence?
- 8. Define the term synesthesia.
- 9. Write short note on MRI.
- 10. Write short note on restoration of brain.

Answer ALL questions, choosing either (a) or (b).

11. (a) Describe the different approaches to cognitive psychology.

 $\mathbf{Or}$ 

- (b) Explain the filter model attention theory.
- 12. (a) Describe the neuro anatomy.

 $\mathbf{Or}$ 

- (b) Discuss the visual pattern recognition.
- 13. (a) Explain the neural networks model.

Or

- (b) Distinguish between thinking and reasoning.
- 14. (a) Describe the problem solving operators.

Or

- (b) Describe the role of culture perceptual organization.
- 15. (a) Describe the methods of neuro psychology.

Or

(b) Discuss the computer assisted neuro-psychological rehabilitation and training.

PART C —  $(3 \times 10 = 30 \text{ marks})$ 

Answer any THREE questions.

- 16. Enumerate the meaning, history and assumptions of cognitive neuro psychology.
- 17. Discuss the importance of electrophysiological methods in studying brain functions.

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- 18. Explain the metacognition, concept and its educational implications.
- 19. Describe the Fechner's contributions. Weber's law Steven's power law-signal detection theory.
- 20. Discuss the memory and its improvement techniques.

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# DISTANCE EDUCATION

## M.Sc. (Psychology) DEGREE EXAMINATION, DECEMBER 2022.

## Third Semester

## COUNSELLING THEORIES AND TECHNIQUES

(CBCS 2018 - 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A —  $(10 \times 2 = 20 \text{ marks})$ 

Answer ALL the questions.

- 1. Write a short note on ethics in counselling?
- 2. What do you mean by diversity in counselling?
- 3. Define anxiety.
- 4. List out the nature of counselling process.
- 5. What are the principles of Gestalt therapy theory?
- 6. Expand WDEP.
- 7. Write a short note Wolpe's reciprocal inhibition.
- 8. What do you mean by incubation?
- 9. Write a short note on reinforcement methods.
- 10. Define Cognitive behaviour.

Answer ALL questions, choosing either (a) or (b).

11. (a) Write a note on Albert Ellis's rational emotive behaviour.

Or

- (b) Explain the assertive training.
- 12. (a) Discuss the personality of effective counsellor.

Or

- (b) Describe the characteristics of successful counselee.
- 13. (a) Explain Dream Analysis.

 $\mathbf{Or}$ 

- (b) Write a note on unfinished business.
- 14. (a) Differentiate consciousness and unconscious.

 $\mathbf{Or}$ 

- (b) State the goals for counselling.
- 15. (a) Explain Eysenck's incubation theory.

Or

(b) Describe the problem solving techniques.

PART C —  $(3 \times 10 = 30 \text{ marks})$ 

Answer any THREE questions.

- 16. Explain the applied areas multicultural counselling.
- 17. Discuss Skinner's operant behaviourism.

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- 18. Describe the approaches to counselling.
- 19. Discuss 'Counselling as a Profession'.
- 20. Explain Pavlov's classical conditioning theory.

3

# DISTANCE EDUCATION

## M.Sc. (Psychology) DEGREE EXAMINATION, DECEMBER 2022.

#### Third Semester

#### PSYCHOPATHOLOGY

(CBCS 2018 - 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A —  $(10 \times 2 = 20 \text{ marks})$ 

### Answer ALL questions.

- 1. Define anxiety.
- 2. What do you mean by social phobias?
- 3. Write a short note on abnormal behaviour.
- 4. What is conversion disorder?
- 5. Define cognitive therapy.
- 6. Write a short note on dissociative amnesia.
- 7. What do you mean by borderline?
- 8. Write a short note on narcastic.
- 9. Define clinical interview.
- 10. Write a short note on primary hypersomnia.

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain the causes and treatment of eating disorders.

Or

- (b) Describe the psychological and behavioral treatment of sleeping disorders.
- 12. (a) Discuss the depressive disorder.

Or

- (b) Write a note on behavioural assessment.
- 13. (a) Explain the deinstitutionalization.

Or

- (b) Discuss the causal factors of personality disorders.
- 14. (a) Describe the cognitive behavioural therapy.

Or

- (b) Write a note on sexual pain disorders.
- 15. (a) Discuss the causal factors of anxiety disorders and treatment.

Or

(b) Explain the depersonalization disorders.

 $\mathbf{2}$ 

PART C —  $(3 \times 10 = 30 \text{ marks})$ 

Answer any THREE out of five questions.

- 16. Discuss the treatment panic disorder with and without agoraphobia.
- 17. Describe the sexual arousal disorder.
- 18. Explain the humanistic-experimental therapy.
- 19. Describe the treatment and outcome of bipolar disorders.
- 20. Explain the clinical picture subtypes of schizophrenia.

3

# DISTANCE EDUCATION

## M.Sc. (Psychology) DEGREE EXAMINATION, DECEMBER 2022.

Fourth Semester

### ABNORMAL PSYCHOLOGY

(CBCS 2018 - 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A —  $(10 \times 2 = 20 \text{ marks})$ 

Answer ALL the questions.

- 1. Expand DSM.
- 2. What do you mean by normality?
- 3. List out the types of MR.
- 4. Write a short note on mood disorders.
- 5. Define Stress.
- 6. What do you mean by somatization disorder?
- 7. Write a short note on drugs abuse.
- 8. List out the causes of personality disorders.
- 9. Define Delirium.
- 10. Write a short note on obsessive compulsive disorder.

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain the conception of abnormal behaviour.

Or

- (b) Discuss the cases of autism.
- 12. (a) Describe the psychological causal factors of anxiety.

Or

- (b) Write a note on cognitive disorder.
- 13. (a) Explain the psychotic disorder.

 $\mathbf{Or}$ 

- (b) Describe the Neurotransmitters.
- 14. (a) Discuss the gender identity disorder.

Or

- (b) Explain the classification of mental retardation.
- 15. (a) Write a note on generalized anxiety disorder.

Or

(b) Describe the sleeping disorders.

PART C —  $(3 \times 10 = 30 \text{ marks})$ 

Answer any THREE questions.

- 16. Explain the risk factors for abnormal behaviour.
- 17. Discuss the models of consumer decision making.

 $\mathbf{2}$ 

- 18. Describe the alcohol dependence syndrome.
- 19. Explain the developmental disorders.
- 20. Describe the adjustment disorders.

3

# DISTANCE EDUCATION

#### M.Sc. (Psychology) DEGREE EXAMINATION, DECEMBER 2022.

## Fourth Semester

#### ENVIRONMENTAL PSYCHOLOGY

#### (CBCS 2018 - 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A —  $(10 \times 2 = 20 \text{ marks})$ 

Answer ALL the questions.

- 1. How is psychological knowledge helpful in cope up with natural environment?
- 2. What are the control measures of environmental behaviour?
- 3. Define the term 'Personal Space'.
- 4. What is meant by environmental risk?
- 5. Write a note on climate change.
- 6. List out the barriers of sustainable environmental development.
- 7. What do you understand by commuting?
- 8. Mention the role of media in creating better environment.
- 9. Write a note on environmental degradation.
- 10. What is meant by environmental cognition?

Answer ALL questions, choosing either (a) or (b).

11. (a) Discuss the role and scope of environmental psychology.

 $\mathbf{Or}$ 

- (b) Describe the various components of environmental attitude.
- 12. (a) Analyse the effects of physical environment on human health.

Or

- (b) Explain the role of NGO's in creating environmental awareness.
- 13. (a) Analyse the impact of technology on environment.

Or

- (b) Write a note on Baker's environmental psychological theoretical approach.
- 14. (a) Elaborate the ill effects of noise pollution on human health.

Or

- (b) Discuss the nature of urban environment.
- 15. (a) Explain about natural resource management.

Or

(b) Analyse the various components of healthy environment.

 $\mathbf{2}$ 

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PART C —  $(3 \times 10 = 30 \text{ marks})$ 

Answer any THREE questions.

- 16. Discuss the role and function of environmental psychologists.
- 17. Describe the factors of personal space and explain the relationship between human behaviour.
- 18. Discuss the effects of pollution on task performance in urban territeriality.
- 19. Define Crowding. Discuss the effects of long term crowding on human health.
- 20. Bring out the different methods of environmental research.

# DISTANCE EDUCATION

## M.Sc. (Psychology) DEGREE EXAMINATION, DECEMBER 2022.

Fourth Semester

### POSITIVE PSYCHOLOGY

(CBCS 2018 - 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A —  $(10 \times 2 = 20 \text{ marks})$ 

Answer ALL the questions.

- 1. What are the goals of positive psychology?
- 2. List out the most important positive traits.
- 3. What is meant by hedonic happiness?
- 4. List out the positive emotions.
- 5. What is mental health?
- 6. How is forgiveness related with happiness?
- 7. What is self-efficacy?
- 8. Analyse the role of virtues in human life.
- 9. What are life skills?
- 10. List out the indicators of well being.

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain the basic concepts and positive nature of well being.

Or

- (b) Elaborate the various biological foundations of happiness.
- 12. (a) Analyse the impact of social factors in well-being.

Or

- (b) Write a note on historical overview of positive psychology.
- 13. (a) Explain the function of gratitude in happiness.

 $\mathbf{Or}$ 

- (b) Describe the ways to change pessimism to optimism.
- 14. (a) Elaborate the various sources of self-efficacy.

 $\mathbf{Or}$ 

- (b) Explain the various sociological factors for development of self-esteem.
- 15. (a) Discuss the nature of interpersonal relationship in positive psychology.

Or

(b) Elaborate the different coping strategies of stress.

 $\mathbf{2}$ 

PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

- 16. Discuss the relationship of positive psychology with health and clinical psychology.
- 17. Elaborate the role of Emotional Intelligence in psychological well-being.
- 18. Explain the different strategies to enhance happiness.
- 19. Elaborate the various barriers in developing strengths and virtues.
- 20. Analyse the different dimensions of subjective well-being.

3

# DISTANCE EDUCATION

### M.Sc. DEGREE EXAMINATION, DECEMBER 2022.

### Fourth Semester

Psychology

### HEALTH PSYCHOLOGY

(CBCS 2018 - 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A —  $(10 \times 2 = 20 \text{ marks})$ 

Answer ALL questions.

- 1. List out the characteristics of illness.
- 2. Mention the significance of health literacy.
- 3. How does behaviour affect health?
- 4. List out the principles of health promotion.
- 5. Mention the effectiveness of Telephonic Coaching tool in health psychology.
- 6. What is evidence based treatment?
- 7. Analyse the causes of acute stress.
- 8. What do you mean by immuno competence?
- 9. Mention the principles of health belief model.
- 10. Suggest some remedial measures for peptic ulcer.

Answer ALL questions choosing either (a) or (b).

11. (a) Enumerate the knowledge of health psychology for better living.

 $\mathbf{Or}$ 

- (b) Examine the role of Bio phycho social model in health promotion.
- 12. (a) Explain the significance of self management techniques in chronic illness.

Or

- (b) Elucidate the importance of psychological intervention in health psychology.
- 13. (a) Describe the various stress coping strategies.

Or

- (b) List out the psychological problems faced by hospitalised person.
- 14. (a) Elaborate the significance of health belief model in health regulation.

Or

- (b) Analyse the growth of health care system in the contemporary scenario.
- 15. (a) Explain the theory of planned behaviour in health management.

Or

(b) Write a note on the role of immune system in health regulation.

 $\mathbf{2}$ 

PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

- 16. Describe the function and significance of cognitive behavioural approaches in health behaviour.
- 17. Analyse the need and importance of various health services during illness.
- 18. Elucidate the contribution of social cognitive theories in health habits formation.
- 19. Stress has been linked with range of health problems Discuss.
- 20. Elaborate the significance of yoga on human health promotion.

3

# DISTANCE EDUCATION

## M.Sc. DEGREE EXAMINATION, DECEMBER 2022.

## Fourth Semester

Psychology

### ORGANISATIONAL PSYCHOLOGY

(CBCS 2018 - 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A —  $(10 \times 2 = 20 \text{ marks})$ 

Answer ALL questions.

- 1. What are the basic elements of organizational behavior?
- 2. What is meant by group interaction?
- 3. List out the characteristics of organisational power.
- 4. Mention the sources of organisational stress.
- 5. What is work ethic orientation?
- 6. Define conflict.
- 7. Mention the advantages of Socialization process in an organisation.
- 8. Differentiate formal and informal group.
- 9. What is meant by intrinsic motivation?
- 10. Mention the need of organisational change.

Answer ALL questions, choosing either (a) or (b)

11. (a) Discuss on human behaviour in organisation.

Or

- (b) Elaborate the role of motivation in organisational behaviour.
- 12. (a) Explain the importance of group behaviour in an organisation.

Or

- (b) Elaborate the various organisational powers and its advantages.
- 13. (a) Bring out the different strategies to overcome conflict in an organisation.

Or

- (b) Write a note on group dynamics.
- 14. (a) Elaborate the functions of work place counsellor in an organisation.

Or

- (b) Analyse the significance of individual behaviour in an organisation.
- 15. (a) Explain the need of equal employment opportunity in work place.

 $\mathbf{Or}$ 

(b) Bring out the factors that hinders work ethics in an organisation.

 $\mathbf{2}$ 

PART C —  $(3 \times 10 = 30 \text{ marks})$ 

Answer any THREE questions.

- 16. Highlight the importance of personality factors in an organisation.
- 17. Elaborate the need and characteristics of Team work.
- 18. Critically analyse the various theories of organisational behaviour.
- 19. Give an account on the meaning characteristics and types of organisational culture.
- 20. Explain the various models of leadership behaviour.

3